

COLLECTIVE HEALING IS ROOTED IN:

# HEALING CENTERED ENGAGEMENT

Healing Centered Engagement (HCE) is a framework for addressing trauma and fostering holistic well-being, particularly in communities and individuals who have experienced adversity. It builds upon trauma-informed care but takes a more expansive and strengths-based approach. HCE acknowledges not just the impact of trauma but also the potential for healing, growth, and the development of thriving individuals and communities.

Developed by Dr. Shawn Ginwright, healing-centered engagement is rooted in the idea that healing is a critical component of justice, and that societal structures and systemic issues often play a role in trauma and its impact.



## Strenght Based

It emphasizes an individual's strengths, resilience, and potential for growth.

## Cultural and Community

Healing is seen as a collective process that occurs within a person's broader social, cultural, and environmental context.

## Empowerment

It empowers individuals to be active participants in their healing journey, emphasizing self-determination and personal agency.

## Holistic

Healing is approached from a holistic standpoint, addressing not only psychological but also physical, social, and spiritual dimensions of well-being.

## Centers Staff as well as Clients

recognizes the interconnectedness between our clients and our own experience with trauma (direct, vicarious, secondary), well-being, and resilience.

Intersectionality Between:

Trauma Informed Care

Positive Youth Deveopment

Cultural Humility